

# City of Oaks *Midwifery*

## Suggested reading and Trusted Websites

**Mindful Birthing: Training the Mind, Body, and Heart for Childbirth and Beyond** - *Nancy Bardake*

**The Birth Partner: A Complete Guide for Dads, Partners, Doulas and Other Labor Companions** - *Penny Simpkin*

**Childbirth Without Fear: The Principles and Practice of Natural Childbirth** - *Ina May Gaskin*

**Natural Hospital Birth: The Best of Both Worlds** - *Cynthia Gabriel*

**Nobody Told Me About That: The First 6 Weeks** - *Ginger Breedlove*

### Essential Facts About Midwives

<https://www.midwife.org/acnm/files/cclibraryfiles/filename/000000007531/EssentialFactsAboutMidwives-UPDATED.pdf>

### Midwife-led versus other models of care for childbearing women

<https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD004667.pub2/full>

### City of Oaks Midwifery

[www.cityofoaksmidwifery.com](http://www.cityofoaksmidwifery.com)

### Rex Hospital Maternity Services

<https://www.rexhealth.com/rh/care-treatment/womens-health/maternity-services/>

### American College of Nurse Midwives

[www.midwife.org](http://www.midwife.org)

### The American College of Obstetricians and Gynecologists

<https://www.acog.org/>

### Preeclampsia Foundation

<https://www.preeclampsia.org/>

### HER Foundation

Support foundation for mother's experiencing hyperemesis

<https://www.hyperemesis.org/>

### MaterniT21

Early non-invasive prenatal testing

<https://www.integratedgenetics.com/patients/pregnancy>

### Inheritest

Carrier trait testing

<https://www.integratedgenetics.com/patients/pregnancy/inheritest>

### Evidenced Based Birth

<https://evidencebasedbirth.com/>

### Spinning Babies

<https://spinningbabies.com/>

### La Leche League International

<https://www.llli.org/>

### Lamaze International

<https://www.lamaze.org/>

### Hypnobabies

<https://www.hypnobabies.com/>

### Bradley Method

<http://www.bradleybirth.com/>

### UNC Maternal Fetal Medicine

Patient Education Resources

[https://www.mombaby.org/all-resources/?fwp\\_resource\\_category=patient-education&resource\\_category=patient-education](https://www.mombaby.org/all-resources/?fwp_resource_category=patient-education&resource_category=patient-education)

### LactMed Database

Medication information while breastfeeding

<https://www.ncbi.nlm.nih.gov/books/NBK501922/>

### The Period of Purple Crying

<http://purplecrying.info/>

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